

Vision Based Curriculum

Honor God ...
Make Disciples

May 14, 2017

Warm Up

In After hours of suffering on the cross, Jesus showed His humanity by addressing His need for help with the words, “I am thirsty.” The fact that He, as the Son of God, asked for a drink demonstrates that none of us are so self-sufficient that we can survive a bad day without the help of those around us. We need to acknowledge our needs. Asking for help doesn’t make us weak; it makes us human. While it is natural for us to try to hide our needs to avoid hurt, rejection, being exposed. We need to remove our masks and simply be ourselves. The church is the best place for people to grow, heal, and change. Here, we can find support through godly friends, grow as the body of Christ, gain protection by being a part of the flock and embrace the love of our church family. When we are connected with people who love and believe in us, we are free to be ourselves and confront challenges head-on, knowing we are supported by others.

Word

“Then we will no longer be immature like children. We won’t be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.” (Ephesians 4:14–16, NLT)

Application

- Is it difficult for you to admit when something in your life is not going well? Discuss reasons why we may put on masks and refrain from asking for help when we need it. What role does fear play in keeping you from being real and transparent with others?
- Discuss the importance of being connected in a church family. What is the value of having a group of friends to help you make it through difficult situations?
- Share an experience you’ve had where you opened up with a friend about a difficult situation. How did being transparent help you overcome the challenge you faced? How does this experience motivate you to offer support to someone else?

Prayer

- Thank God for helping you realize that you can't do things on your own and for carrying your burdens.
- Thank Him for the people that He has placed in your life to help you walk out your beliefs with your behavior.
- And thank Him in advance for the victory to come them.

Engage

Areas your group can engage:

- Invite people to the new series "Old School"
- Support our Ignite Students to get them to camp.