



Pt. 3 - February 21, 2016

Warm Up

We all fight – but, if we seek God and allow Him to teach us how to fight fair, we will not only save our relationships from destruction but we will also experience God's blessing. So, the question isn't if we fight, but how we fight. Healthy relationships fight for resolution; unhealthy relationships fight to win. Here are three rules we can use to fight fair: Stop and listen; guard our words; and manage our anger. If we decide during non-conflict times to use these rules in times of conflict, our relationships can thrive as God desires. In times of conflict, we will fight for unity, not for personal victory!

Into The Bible

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. - James 1:19-20

"So they are no longer two but one flesh. What therefore God has joined together, let not man separate." (Matthew 19:6, ESV)

- Discuss how being a good listener would affect the way you fight fair. What steps can you take to become a better listener?
- Making firm decisions during times of peace can help us manage conflict. What have you taken off the table that allows you to fight fair and what do you still need to take off the table?
- Read Ephesians 4:26-27. Discuss practical steps you have in place or need to put in place to resolve conflict in your relationships.

Application

Practice an active listening technique this week by repeating back what you are hearing when in conversation with your family, friends and coworkers.

Prayer Focus :Pray for God's blessing and peace on each group member and their relationships. Pray for a spirit of wisdom and unity to be present.

This week Pray for our upcoming Easter Services that God will draw people to FC and that our people will invite others to come hear the Gospel.

.