

Vision Based Curriculum

Honor God ... Make Disciples

March 12, 2017

Big Idea

There are toxins that can pollute our souls: unforgiveness, comparison, anger and worry. If we allow these toxins to fester within us, they can destroy us. But God has given us the tools we need to detox of these harmful things. First, while the devil desires to enslave us to bitterness, we can rid ourselves of unforgiveness by fostering right relationships and having an accountability partner. Next, in a culture entrenched in an identity crisis, we can defeat the spirit of comparison by being grounded in our God-defined identity. Additionally, instead of getting angry about not getting the things we want, we can live a crucified life of unselfishness.

*“Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for **God**.” - 2 Corinthians 7:1*

Discussion Questions

1. Starving ourselves of unforgiveness, comparison, anger and worry allows us to live in the freedom in which God intended us to live. Which of these four areas have you starved most effectively? What steps did you take that helped you to be successful?
2. Seeking right relationships is one of the keys to detoxifying our lives. What are some practical steps you can take this week to evaluate your relationships and (if necessary) seek more positive ones?
3. The world views things differently than believers. What are some areas in the world that need detoxing more than others? What can you do to influence those around you?

Prayer Focus

- Ask Him to show you any changes you need to make to your way of thinking and ask for wisdom to determine the most effective ways for you to personally detox your soul.
- Ask God to identify any unforgiveness, comparison, anger or worry in your life.
- Thank God for the community of believers He has placed you in.
- Thank Him for your pastors, leaders, and friends.
- Pray that the gospel would continue to be preached and more disciples would be made through the church.