



Part 1 - August 14, 2016

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## Warm Up

Part of living life to the fullest involves “turning our pages” so God can continue to write new chapters into our life stories. Often, we find ourselves unable to move on in our stories because deep-rooted pain and frustration over what has happened in our lives keep us rereading old chapters. But there is more to our story than the page we are on! The Bible is filled with story after story of people whose lives of difficulty, pain, and hardship were redeemed for God’s glory. Instead of dwelling on the past, we need to let go, turn the pages of our lives, and allow God to write something new! By making the choice to turn the page in our hearts, in our minds, and in our actions, we can start the next chapter of our lives.

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## Into The Bible

*“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.” - Isaiah 43:18-19*

*“For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.” - Jeremiah 29:11*

- Talk about where you feel like you are in your life story. If God is writing a new chapter in your story, how did you move on from the last chapter? If you are having a hard time moving forward, what might be keeping you stuck in an old chapter?
- Think about this statement: “You are one page away from a new chapter.” How does this impact your perspective on your ability to turn your page? Instead of trying to find one big way to change your story, what are some small steps you can take to turn your page?
- Discuss what it looks like to help others turn their pages. How does serving people help them move forward in their lives? In what ways can you use your personal story of redemption to help others find freedom?

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## Application

Evaluate your current season of life, and identify any areas of your past that you might be holding on to. Surrender your old chapter to God. Make the choice to turn the page in your heart, your mind, and your actions. Look for opportunities to invest in others and help them turn their pages.

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## Prayer Focus

Thank God for having a redemptive plan for your life. Ask Him to help you identify any ways in which you are holding on to your past. Pray that He will empower you to turn the page in your heart, mind, and actions. Ask the Holy Spirit to make you aware of opportunities to help others turn their pages. Thank Jesus in advance for writing an incredible, new chapter in your life.

Pray for our families as they get the school year started.

Pray for our men as they get ready for the Men's Summit at the end of August.